

Food For The Soul

A Short Course in Poetry & Fiction Writing Dinner Course

Nourish both your body and soul by participating in this dinner hour creative writing workshop. This is specifically designed for writers of all levels over 20 years of age. Participants should bring a poem or a story that they have written to the first class. Enjoy a constructive evening of writing and a pleasing meal from Wenonah's Pantry. The class will collectively create a workshop magazine with class writings. The class ends in a gala publication party and literature reading.

Tues. June 10 - July 15
6-7:30pm
\$35 class fee

Creative Writing

Everyone enjoys successfully relating their ideas to others on paper. The easiest and most satisfying way to relate ones innermost thoughts and feelings is through the composition of personal writing or poetry. You can become a writer through the application of the craft of writing from your individual emotional experiences. Work with a seasoned published writer to discover the processes for submission and publishing of manuscripts.

Tues. July 1 - Aug 5
6:30-8:30pm
\$30 class fee

"Up Your Vitality"

This afternoon lecture class is designed to enlighten you about the benefits of a healthy diet, menopause and nutrition. Come spend the afternoon with us and gain the knowledge and insight to improve your lifestyle throughout the changes of your life. This informative lecture class is presented by Marian Bell of Houston Natural Foods.

Saturday, June 28 2pm
Saturday July 26, 2pm
\$15 class fee

Writing Your Reminiscences

There is an old saying "When an old person dies, a whole library goes up in smoke." This course is designed for ordinary folk that wish to document or write their reminiscences but would like some help and direction. Collect memories and information, organize material, utilize photos, and develop a finished product. Specific individual needs will also be covered in this course.

Tues. June 24 - July 29
6:30-8pm
\$25 class fee

Basics of Babysitting

Babysitting is an important job. It is a lot more than just playing with children while their parents are away. The American Red Cross baby-sitting Basics course will certify children ages 11 and older as qualified baby-sitters. Topics will cover responsibilities, supervision, accident prevention, emergency actions, basic child care, feeding and play strategies. This is an excellent course for older children that are responsible for younger siblings. Parents who employ baby-sitters may wish to enroll their baby-sitter.

MTWTh, June 9, 10, 11, 12
6:30-8:30pm
\$25 class fee

Basics of Investing

This course is designed for novice investors or those just wanting to get started. The course begins with very basic concepts such as goal setting and risk evaluation. The student is introduced to stocks, bonds, mutual funds, and options. Emphasis is placed on practical understanding of uses and risks as well as terminology and how to follow the investment in the business press.

Wed. June 4- July 2
7-8:30pm
\$25 class fee

Basic Car Care

Don't find yourself stranded on the side of the road. A great course for those of you who are interested in taking control of the basic care and maintenance of your car. A hands-on workshop to enable you to prevent costly repairs, ensure your personal safety, and educate yourself before you have to deal with repair shops.

T/Th/Sat. June 17, 19, 21
T/Th 6:30-8:30pm: Sat 10am-1pm
\$20 class fee

T/Th/Sat. July 15, 17, 19
T/Th 6:30-8:30pm: Sat 10am-1pm
\$20 class fee

Billiards

The game of billiards or "pool" is a fast growing form of sporting entertainment for folks of all ages. Lessons on stance, bridge, stroke, position, cue ball speed, reverses, follow spins, breakout banks, combinations and strategy are presented. Must be 18.

Sat. June 7, 14, 21, 28
2-4pm
\$35 class fee

Landscaping & Plant ID

Do it yourself and put your own personal touches on the outside decor of your home. Learn to design and implement your own home landscaping scheme. This class is taught by a professional with an insight into proper plant selection, plant identification, growing tips, and problem solving ideas. Take pride in your personal surroundings and increase the value and appeal of your home.

Tues. June 3, 10, 17, 24
6:30-8:30pm
\$35 class fee

CPR and First Aid

Red Cross CPR/First Aid certification classes will be held on the 2nd and 4th Saturdays of each month. Certification will be for Adult CPR, Infant-Child CPR and First Aid. The fee for these classes is \$38. Contact the Brazos County Red Cross Chapter at 776-8279 for information and registration procedures.